

# Contents

<b>Introduction</b>	<b>1</b>	<b>Annette Simon</b>	<b>24</b>
<b>Job Profiles</b>	<b>3</b>	<i>Advertising Creative Director/Art Director</i>	
<b>Alisa Salvaggio</b> <i>Natural Light Photographer</i>	<b>3</b>	<b>Anne Valentine</b>	<b>26</b>
		<i>Landscape Architect</i>	
<b>Alyson Rhodes-Murphy</b> <i>Assistant Museum Curator</i>	<b>5</b>	<b>Annie Harvey</b>	<b>28</b>
		<i>Correctional Warden of the North Carolina Correctional Institution for Women</i>	
<b>Ami Vitale</b> <i>Independent Photojournalist</i>	<b>7</b>	<b>Annie Meadows</b>	<b>31</b>
		<i>Sales Consultant for a Hair Products Distributor</i>	
<b>Andrea Lekberg</b> <i>Pastry Chef/Artist</i>	<b>8</b>	<b>Barbara Whitecross</b>	<b>33</b>
		<i>Certified Wedding Consultant</i>	
<b>Angela M. Brown</b> <i>Opera Singer</i>	<b>11</b>	<b>Beth Hockman</b>	<b>35</b>
		<i>Organic Blueberry Farmer and Future Importer/Exporter of African Arts and Crafts</i>	
<b>Angela Carr</b> <i>Massage Therapist</i>	<b>14</b>	<b>Beth Llewelyn</b>	<b>38</b>
		<i>Public Relations for Nintendo</i>	
<b>Angela Kilpatrick</b> <i>Commercial Airline Pilot</i>	<b>16</b>	<b>Beth Satterfield</b>	<b>40</b>
		<i>Web Strategist</i>	
<b>Ann Person</b> <i>Chief Operating Officer (COO)</i>	<b>18</b>	<b>Betty Webb</b>	<b>43</b>
		<i>Director of International Studies and Professor of English</i>	
<b>Ann B. Ross</b> <i>Writer</i>	<b>20</b>	<b>Beverly D. Setzer</b>	<b>45</b>
		<i>School Principal</i>	
<b>Anna Barbrey Joiner</b> <i>Performing Violist and Professor of Music</i>	<b>22</b>		



<b>Carol Boyers Givens</b> <i>Museum Objects Conservator</i>	<b>47</b>	<b>Donna Helms</b> <i>PGA (Professional Golfers' Association) Teaching Professional</i>	<b>81</b>
<b>Caroline Palmer</b> <i>Ballet Choreologist</i>	<b>49</b>	<b>Doris Sargent</b> <i>Nutrition Consultant and Registered Dietician (R.D.)</i>	<b>84</b>
<b>Cathy Jenkins Wilson</b> <i>Advertising Broadcast Producer</i>	<b>51</b>	<b>Elaine Marshall</b> <i>North Carolina Secretary of State</i>	<b>87</b>
<b>Cecily Steppe</b> <i>Marine Biologist</i>	<b>53</b>	<b>Erin Pawlus</b> <i>District Manager—Retail Fashion Industry</i>	<b>90</b>
<b>Charlotte Michie</b> <i>Licensed Clinical Social Worker (LCSW)</i>	<b>55</b>	<b>Erinn Qualter Kelly</b> <i>Equity Research, Managing Director</i>	<b>91</b>
<b>Charlotte Thomas Riddle</b> <i>Pediatrician</i>	<b>58</b>	<b>Gena Farris</b> <i>Speech Therapist (Speech and Language Pathologist)</i>	<b>94</b>
<b>Claire Moss</b> <i>Pediatric Occupational Therapist</i>	<b>60</b>	<b>Ginger Poole</b> <i>Actor</i>	<b>96</b>
<b>Claudia Brown</b> <i>Architectural Survey Coordinator for the North Carolina State Historic Preservation Office</i>	<b>63</b>	<b>Gwen Beatty</b> <i>Geologist</i>	<b>98</b>
<b>Connie McNab</b> <i>Children's Book Illustrator/Artist</i>	<b>65</b>	<b>Holly K. Dressman</b> <i>Assistant Research Professor and Director of the Duke DNA Microarray Core Facility</i>	<b>100</b>
<b>Dale Scott</b> <i>Director of Child Services for a Community Mental-Health Center</i>	<b>67</b>	<b>Jane Perlov</b> <i>Chief of Police for the City of Raleigh, North Carolina</i>	<b>103</b>
<b>Dean Thompson</b> <i>Marketing Director</i>	<b>70</b>	<b>Janet Green Jacobson</b> <i>Professional Artist</i>	<b>106</b>
<b>Deb Sweeney Whitmore</b> <i>Outdoor Educator</i>	<b>72</b>	<b>Janet Jarriel</b> <i>Classical Musician Agent</i>	<b>108</b>
<b>Debby Plexico</b> <i>Medical/Surgical Floor Nurse</i>	<b>74</b>	<b>Joan Lamson</b> <i>Mayor of Pine Knoll Shores, North Carolina</i>	<b>111</b>
<b>Debra Sasser</b> <i>North Carolina District Court Judge</i>	<b>76</b>	<b>Jodi Schwartz</b> <i>Multimedia Production Company Owner/Executive Producer</i>	<b>113</b>
<b>Diane Jacober</b> <i>Product Support Engineer (Mechanical Engineer)</i>	<b>79</b>		

<b>Johnna Watson</b>	<b>115</b>	<b>Kristin Wolverton</b>	<b>143</b>
<i>Associate Dean of Enrollment Management and Information Systems for a Graduate School</i>		<i>High School Spanish Teacher</i>	
<b>Joyce Beatty</b>	<b>118</b>	<b>Laura Bromhal</b>	<b>145</b>
<i>Director of Counseling, Testing, and Career Placement Center for a Community College (Retired)</i>		<i>Realtor®</i>	
<b>Juli Kim</b>	<b>120</b>	<b>Lea Daughtridge</b>	<b>147</b>
<i>Research and Policy Associate</i>		<i>Director, Human Resources (HR)</i>	
<b>Julia Brooks</b>	<b>121</b>	<b>Leonela Muñoz-Connolly</b>	<b>150</b>
<i>Interior Designer, IIDA, Business Owner</i>		<i>Information Technology (IT) Project Leader</i>	
<b>Kathleen Boykin</b>	<b>123</b>	<b>Li Bradshaw</b>	<b>152</b>
<i>Family Nurse Practitioner</i>		<i>Materials Chemist</i>	
<b>Kathryn Millican</b>	<b>126</b>	<b>Lina Sibert</b>	<b>154</b>
<i>Manager of Public Policy Development for a Health Insurance Company</i>		<i>Architectural Designer</i>	
<b>Kayla Holden</b>	<b>128</b>	<b>Lisa Carskadden</b>	<b>157</b>
<i>Tax Accounting Manager and Accounting Software Advisor</i>		<i>Consulting Actuary</i>	
<b>Kelly Carew</b>	<b>131</b>	<b>Lisa Snyder</b>	<b>159</b>
<i>Camp Program Director</i>		<i>Chief Financial Officer (CFO)</i>	
<b>Kelly Hopkin</b>	<b>133</b>	<b>Lori Schantz Douglass</b>	<b>161</b>
<i>Technical Support for Fabric-Design Software</i>		<i>Freelance Advertising Copywriter</i>	
<b>Kirstie Tice Spadie</b>	<b>135</b>	<b>Lorie Ann Morgan</b>	<b>164</b>
<i>Artistic Director, Owner, and Dance Teacher for the North Carolina Dance Institute</i>		<i>Patent Attorney for a Pharmaceutical Company</i>	
<b>Kristi Creamer</b>	<b>137</b>	<b>Louanne DiBella</b>	<b>166</b>
<i>Office Manager for a Multimedia Production Company</i>		<i>Jewelry and Product Designer and Product Development Specialist</i>	
<b>Kristie Weisner Thompson</b>	<b>140</b>	<b>Lynda Heymen</b>	<b>168</b>
<i>Editor for the North Carolina Medical Journal and Assistant Vice President for the North Carolina Institute of Medicine</i>		<i>Clinical Psychologist</i>	
		<b>Macon Riddle</b>	<b>170</b>
		<i>Antiques-Shopping Consultant and Owner of Let's Go Antiquing</i>	
		<b>Margaret Gamble</b>	<b>173</b>
		<i>Elementary School Media Specialist (a.k.a. Librarian)</i>	
		<b>Maria Kelly-Doggett</b>	<b>175</b>
		<i>Chemical Engineer</i>	



## Contents

<b>Marie Baker</b> 177 <i>Retired Field Supervisor for Nursing Assistants for a Home-Health Agency</i>	<b>Shannon Hall</b> 209 <i>Freelance Makeup Artist, Wardrobe Stylist, and Set Designer for Photo and Film/Video Shoots and Live Events</i>
<b>Mary Thorn</b> 179 <i>Senior Computer Software Quality Assurance Analyst</i>	<b>Shelley Chafin</b> 212 <i>Nanny</i>
<b>Michelle Owen</b> 180 <i>Graphic Designer</i>	<b>Shelly Webb</b> 214 <i>College Chaplain</i>
<b>Molly Rogers</b> 183 <i>Emmy®-Award-Winning Costume Designer</i>	<b>Sujata Narayan Mody</b> 217 <i>Independent Organizational Development Consultant</i>
<b>Natalie Woods</b> 185 <i>Paramedic</i>	<b>Susan Dickerson</b> 219 <i>Staff Anesthesiologist</i>
<b>Pam Van Dyk</b> 188 <i>Education Research Consultant</i>	<b>Terri Gruca</b> 222 <i>Weekend News Anchor and Consumer Reporter</i>
<b>Paula Stewart</b> 190 <i>Veterinarian</i>	<b>Theresa Wagoner</b> 224 <i>Physical Therapist</i>
<b>Pegi Follachio</b> 192 <i>General Contractor</i>	<b>Tonya Baker</b> 226 <i>Pharmacist</i>
<b>Polly Leousis</b> 195 <i>Manager of a Corporate Foundation</i>	<b>Tracy Church</b> 228 <i>Director of Development (Fund-Raising) for The Johns Hopkins Heart Institute, Part of The Fund for Johns Hopkins Medicine</i>
<b>Rebecca Schmorrr</b> 197 <i>Dentist</i>	<b>Wanda Revis</b> 230 <i>Community College Instructor</i>
<b>Rebecca V. St. Jean</b> 199 <i>Optometrist and Business Owner</i>	<b>Whitney Corrigan</b> 231 <i>Pediatric Oncology Nurse</i>
<b>Richelle Fox</b> 201 <i>Personal Trainer and Fitness Consultant</i>	<b>Epilogue</b> 234
<b>Ronda Capps</b> 203 <i>Flight Attendant</i>	<b>About the Authors</b> 235
<b>Sandie Salvaggio-Walker</b> 204 <i>General Manager for a Community Orchestra and Voice Instructor</i>	<b>Index</b> 241
<b>Sandra Canfield</b> 207 <i>International Development Resource Coordinator for Nonprofit Organization</i>	